



Orthopaedic Specialists  
of Central Arizona

## **HIBICLENS ANTI-BACTERIAL SOAP Surgery Prep**

Left Total Knee Arthroplasty  
Right Total Knee Arthroplasty

Left Uni-Compartmental Knee Arthroplasty  
Right Uni-Compartmental Knee Arthroplasty

Left Total Hip Arthroplasty  
Right Total Hip Arthroplasty

- The evening before and the morning of surgery, shower using the Hibiclens scrub. Scrub your entire body from the neck down, avoiding the genital areas. Wait 2 minutes and rinse. Use a clean set of towels and washcloths for the evening shower and new set for the morning shower. The evening before surgery you need to have freshly laundered linens on the bed.
- Hibiclens Scrub can be purchased over-the-counter at any pharmacy.
- If you have any abrasions on or near the surgery site, your surgery will need to be cancelled. Please call our office at 928-778-9250 or 480-305-0034 if this occurs.

**REMINDER:**

**NOTHING TO EAT 8 HOURS PRIOR TO YOUR SURGERY.**  
**YOU MAY DRINK CLEAR LIQUIDS UP TO 3 HOURS PRIOR TO SURGERY.**